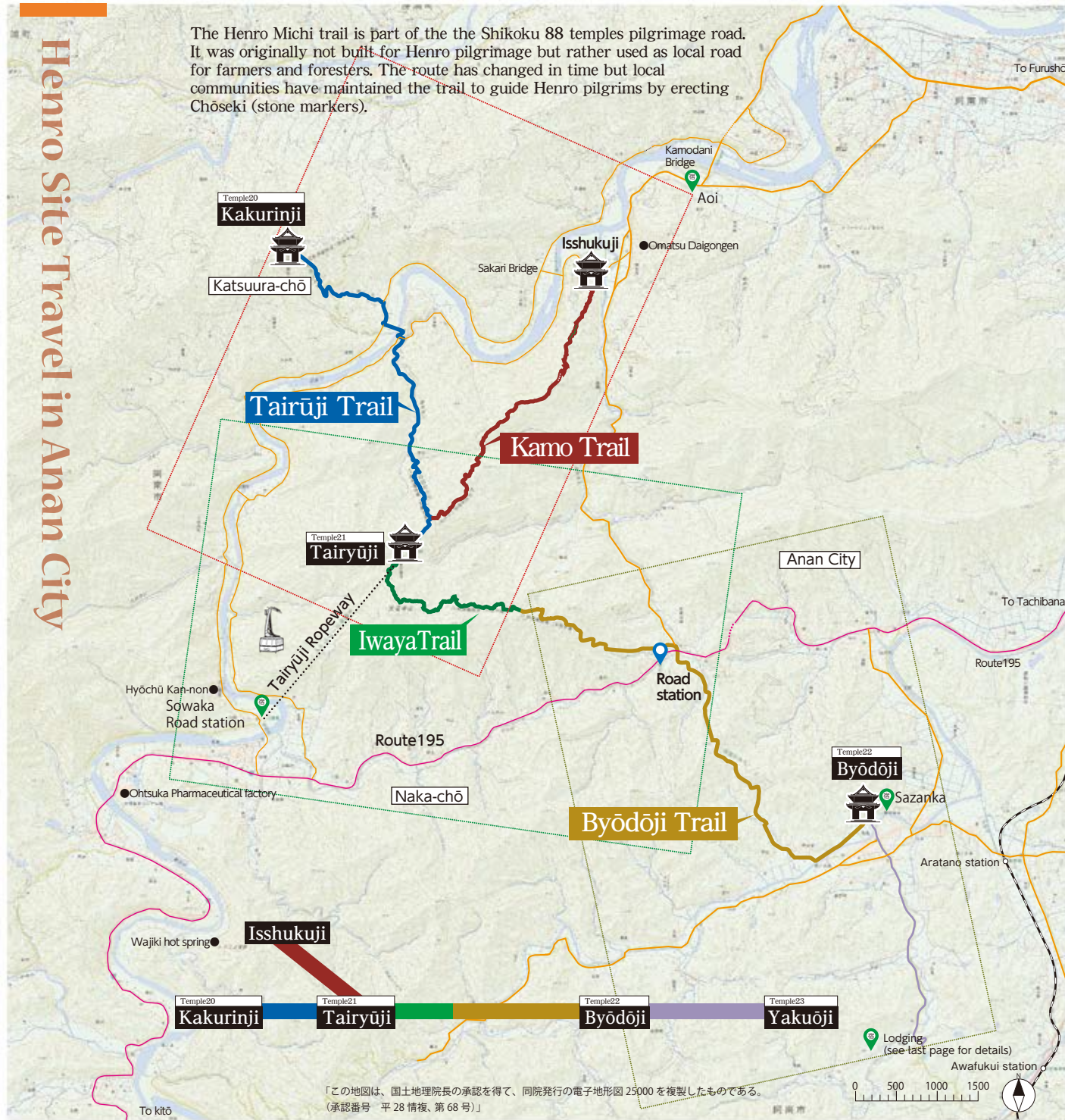


The Henro Michi trail is part of the the Shikoku 88 temples pilgrimage road. It was originally not built for Henro pilgrimage but rather used as local road for farmers and foresters. The route has changed in time but local communities have maintained the trail to guide Henro pilgrims by erecting Chōseki (stone markers).

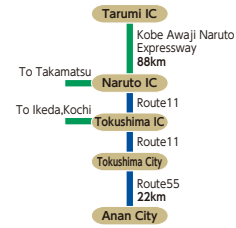


「この地図は、国土地理院長の承認を得て、同院発行の電子地形図 25000 を複製したものである。
(承認番号 平 28 情複、第 68 号)」

Walking Map for Henro Sites in Anan

transportation (Time required)

- By Air**
 - Tokyo(1.2hr)
 - Fukuoka(1.3hr)
 - Sapporo(2.0hr,summer only)
- By Ferry**
 - Wakayama(2.0hr)
 - Tokyo(18hr)
- By Expressway**



By Railway

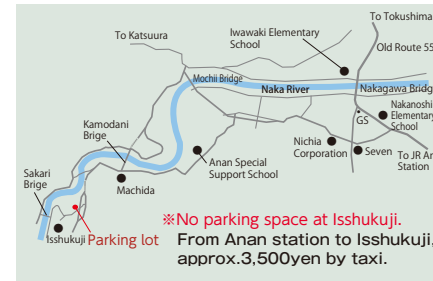
From Tokushima by Mugi Line
Express(25m)
Local(50m)

By Local Bus

■Tokushima JR Station to Anan city(1hr)

By Inter-city Bus

To Anan city
■Tokyo(10.1h)
■Osaka(3.2h)
■Kobe(3.0h)



Kamodani Taxi	0884-35-1211
Aratano Taxi	0884-36-3131
Anan Taxi	0884-22-2717
Tachibana Taxi	0884-27-0018
Tomioka Taxi	0884-22-3422
Mainichi Taxi	0884-22-1420

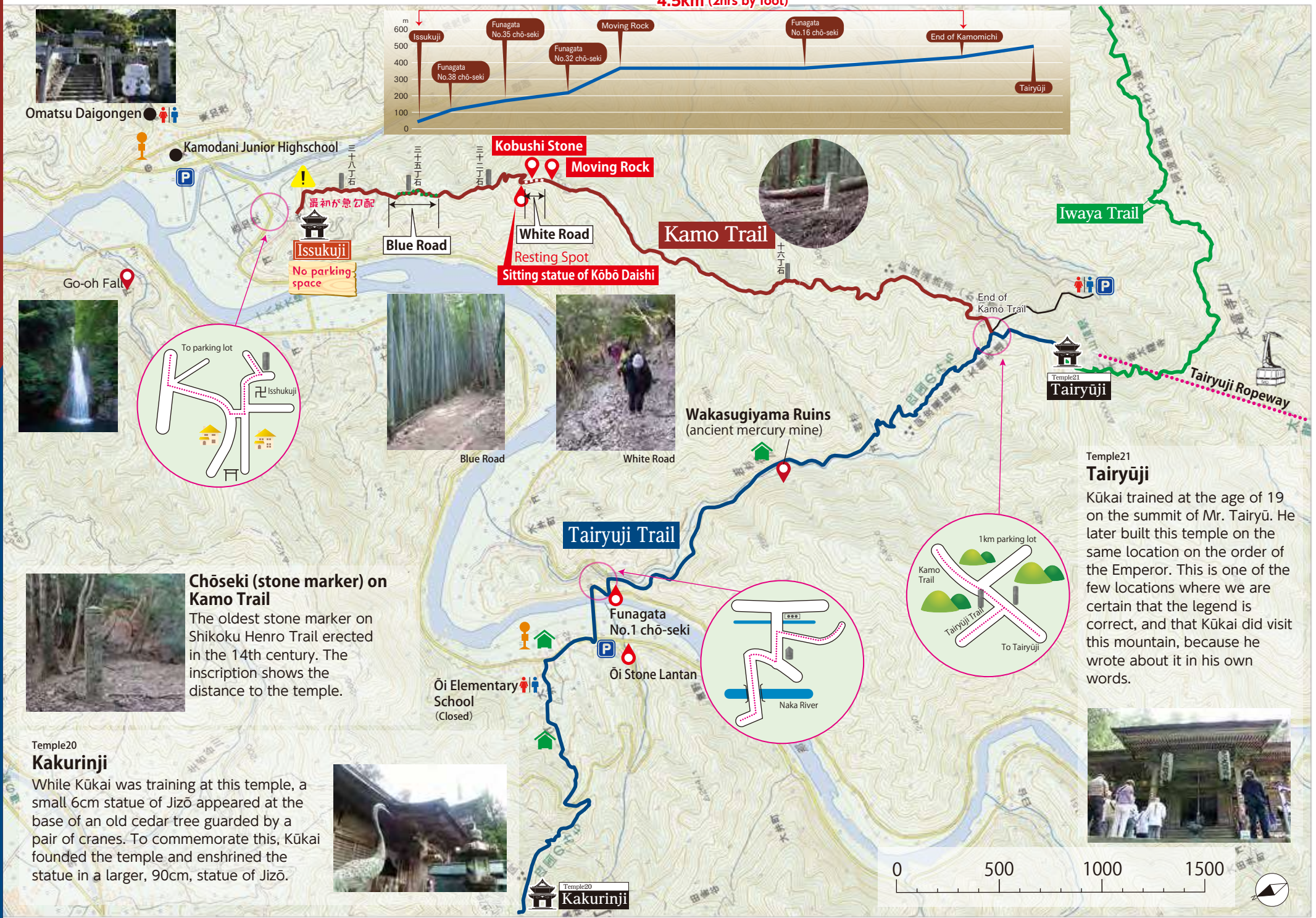
Lodging	Aoi (has Fireplace) http://aoi-kajyu.com/ Katayama12,Yoshii-chō,Anan city TEL/FAX 0884-25-0267
	Sazanka (near Byōdōji) Akiyama188-1,Aratano-chō,Anan city TEL 0884-36-3701
	Sowaka (Road station) Wajiki-gō Aza Tano50-1,Naka-chō,Naka-gun TEL0884-62-0701

Henro Michi Guided Tour
Please make reservation with us more than one month in advance. Organization members will guide the tour for a group of five or more. (Price is 5,000 yen per group.) Contact : 090-3187-7640(Yokoi)

Kamodani Henro Michi Group
The group was created on May 15th, 2013 to preserve and promote Awa Henro Michi, thus contributing to the local community.



Kamodani Henro Michi Group
<http://kamodani.com/>
Nishi-Ikeda 135, Tomioka-cho, Anan-shi, Tokushima-ken
(at Culture Center)
Tel:0884-22-1798 Fax:0884-21-0909
Contact: 090-3187-7640 (Yokoi)



Kamo Trail

The Henro Michi trail from Isshukuji (at the mountain foot) to Tairyūji. This trail was used in the early age of Henro culture. After a new short cut (Tairyūji Trail) was built, it became disused. In recent years, local volunteers restored the trail and are promoting it as the oldest Henro Michi trail in Shikoku.

Isshukuji

The name stems from a legend that Kōbō Daishi spent a night at this temple.



Sitting statue of Kōbō Daishi

Legend says Kōbō Daishi jumped from this spot to Kakurinji.

The fist rock of Kōbō Daishi

The rock has an indentation where Kūkai grasped it.



Moving rock

The rock is believed to have been slowly moving towards Tairyūji and when it does reach the temple the world will sink into a sea-like swamp.



Tairyūji Trail

The current main walking Henro route between Kakurinji and Tairyūji.

Funagata Chō-seki

Ship-shaped stone markers erected in the Edo era showing the distance to the temple.



Omatsu Daigongen



Go-oh Fall



Chōseki (stone marker) on Kamo Trail

The oldest stone marker on Shikoku Henro Trail erected in the 14th century. The inscription shows the distance to the temple.



Temple20 Kakurinji

While Kūkai was training at this temple, a small 6cm statue of Jizō appeared at the base of an old cedar tree guarded by a pair of cranes. To commemorate this, Kūkai founded the temple and enshrined the statue in a larger, 90cm, statue of Jizō.



Temple20 Kakurinji

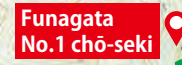
Temple21 Tairyūji

Kūkai trained at the age of 19 on the summit of Mr. Tairyū. He later built this temple on the order of the Emperor. This is one of the few locations where we are certain that the legend is correct, and that Kūkai did visit this mountain, because he wrote about it in his own words.





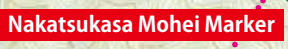
Minamino Shashingatake



Funagata No.1 chō-seki



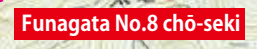
Tairyūji



Nakatsukasa Mohei Marker



Minamino Shashingatake



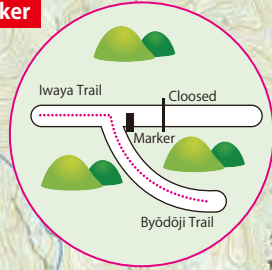
Funagata No.8 chō-seki



Kasatsuki Stone Marker



Nakayama Trail



Iwaya Trail Closed

Byōdōji Trail Marker



Doragon Cave



Ruins of marble quarry



Asebi Henro Cottage

Funagata No.22 chō-seki



Byōdōji Trail



Funagata No.39 chō-seki



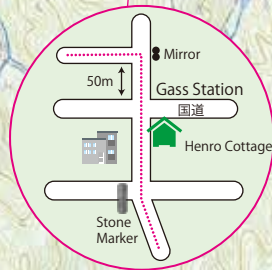
Funagata No.39 chō-seki



Yakushi-an



Asebi Henro Cottage



Mirror

Gas Station

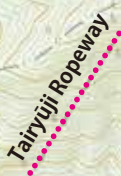
Henro Cottage

Stone Marker

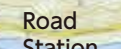


To Kitachi

Nakayama Trail



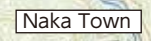
Tairyūji Ropeway



Road Station



Nakayama Trail



Naka Town



Iwaya Trail

The route from Tairyūji to the Dragon Cave (the original location) via Minamino Shashingatake.

Minamino Shashingatake

Young Kūkai trained here.

Nakatsukasa Mohei's Markers

Nakatsukasa completed walking the Henro 279 times in the 19th century and erected nearly 240 stone markers.

Dragon Cave

Legend says Kūkai shut in an evil dragon in the cave. The cave was later lost.

Byōdōji Trail

The path from the Iwaya Trail junction to Byōdōji.

Yakushi-an

The Yakushi Nyorai statue at Doragon Cave was relocated to this hermitage.

Ruins of marble quarry site

The former marble quarry site used for the current Diet Building.



Temple 22 Byōdōji
 The temple was founded by Kūkai, and the honzon is said to have appeared through a cloud of five colors. The mountain is called Hakuizan (White Water Mountain) because of the milky-white holy water which sprang up out of a well dug by Kūkai during the temples consecration.



Stone marker ③

Ōne-an



Ōne-an and Henro Cottage

Camphor tree clusters



A protected plant designated by Tokushima prefecture. Giant trees worth seeing.

Japanese puppet show

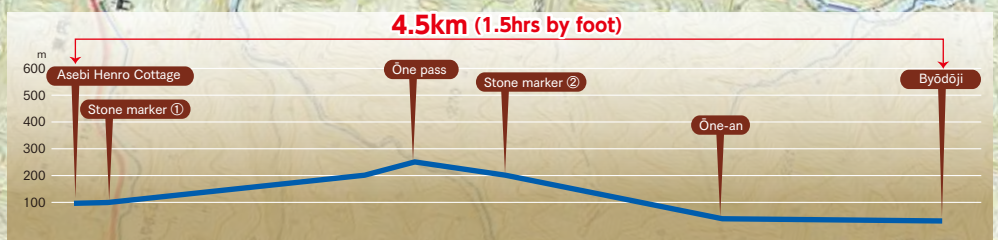


Japanese puppet shows are popular in this area and played at local Shinto shrines.

oreoperca kawamebari



A fresh water fish designated as an endangered species. Its eyes have a similar pattern to the skin.



Byōdōji Trail

A 4.5km henro trail from Asebi Henro Cottage to Byōdōji climbing a 250m Ōne mountain pass.

Stone marker ①

Nakatsukasa Mohei's stone marker to commemorate his 169th pilgrimage.

Stone marker ②

This marker was erected in 1920, indicating 2km to Byōdōji.

Stone marker ③

Two stone markers erected in 1831 and 1927 stand side by side.

Ōne-an

A small hermitage next to Henro Cottage housing Jizō Bosatsu and statue of Kōbō Daishi. There are several Henro tomb stones on the premises. Originally located at Asebi pass, then relocated to this place, legend says.

Pilgrim's note

- Henro Trails are in steep mountains.
- Prepare proper outfit and walk on your own responsibility.
- Guard against mamushi pit vipers and A hornets in summer season.
- Bring home your own trash.
- Fire is strictly prohibited.